

# LISA KURTH, Ph.D.

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## ❖ CONTACT INFORMATION

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### **Alpine Behavior Therapy Clinic, P.C.**

1918 South Lemay, Ste. B, Fort Collins, Colorado 80525

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Website: [www.ABTClinic.com](http://www.ABTClinic.com) Website Email: [alpinebtc@yahoo.com](mailto:alpinebtc@yahoo.com)

CSU Email: [Lisa.Kurth@ColoState.edu](mailto:Lisa.Kurth@ColoState.edu)

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## ❖ PROFESSIONAL CREDENTIALS

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Ph.D. Psychology, Health/Behavioral Medicine

Affiliate/Associate Faculty, Department of Psychology, Colorado State University (CSU)

Clinical Director, Alpine Behavior Therapy Clinic

Colorado Licensed Professional Counselor #3290

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## ❖ EDUCATION

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Ph.D. Psychology, Health/ Behavioral Medicine Northcentral University, 2008

M.S. Counseling Psychology California Lutheran University, 1988

B.F.A. University of Colorado, Boulder, 1979

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## ❖ PROFESSIONAL LICENSES / CERTIFICATIONS

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Licensed Professional Counselor # 3290 Colorado, Dec. 2002-Present

Licensed Professional Counselor #1457 Georgia, 1991-2004

Registered Psych. Assistant California 1989-1991

Registered Hypnotherapist American Hypnotherapy Assoc., 1991-present

Certified Behavioral Therapist Behavior Therapist Cert. Board, 1991-present

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## ❖ PROFESSIONAL EXPERIENCE

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*Affiliate/Associate Psychology Faculty, Colorado State University, (02/2010-present)*

Collaborative departmental research role investigating prenatal markers for Attention Deficit Hyperactivity Disorder (ADHD) and other neurodevelopmental disorders.

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***Clinical Director, Alpine Behavior Therapy Clinic (2004-Present)***

Private group practice serving adults, children, couples and families. Clinical expertise includes ADD/ADHD (adults & children), neurodevelopmental and behavioral disorders, academic/learning problems, parent training, anger/stress management, mood disorders, anxiety, chronic illness, female infertility issues. Perform full evaluations/Psychoeducational testing; Academic 504 Plans and IEP school liaison services for children and college students.

***Clinical Director, Atlanta Behavior Therapy Clinic (1991-2004)***

Private group practice serving multi-aged population. Clinical expertise in ADD/ADHD (adults & children), neurodevelopmental and behavioral disorders, academic issues, parent training, mood disorders, chronic illness, female infertility issues.

***Psychotherapist/Researcher/ Pain Control and Rehabilitation Institute of Georgia, Emory University Affiliate, Department of Rehabilitative Medicine (1992-1993).***

Participated in multidisciplinary (medical-psychological) team providing individual and group psychotherapy to acute & chronic pain patients. Provided psychological assessments, psychoeducation and biofeedback as coping skills for pain management. Research included treatment efficacy, patient sub-grouping and outcome response.

***Registered Psychological Assistant (Multiple private group practice sites) (1989-1991):***

- (1) Behavior Therapy and Family Counseling Clinic, Westlake Village, California***
- (2) Westland Psychological Services, Thousand Oaks, California***
- (3) Affiliated Well-Being Centre, Thousand Oaks and Lancaster, California***

***Social Worker IV: Children's Demonstration Project of Ventura County, Colston Youth Center (1988-1991)***

Participated in multidisciplinary team providing court-ordered psychotherapy to emotionally disturbed juvenile offenders within a secure facility. Completed extensive research on treatment efficacy of this experimental interagency model. Co-authored collaborative research on this innovative treatment protocol.

***Research Assistant and Psychometrist, University of California, Los Angeles (UCLA)-Neuropsychiatric Institute, Camarillo State Hospital, Clinical Research Unit for the Study of Treatment Refractory Schizophrenia (1988-1989)***

Participated in multidisciplinary research team conducting routine patient assessments, behavioral interventions and data collection within secure medical facility. Participated in a collaborative research project evaluating psychopharmacological dosage reduction and behavioral intervention with chronic, treatment refractory schizophrenic patients. Co-authored case study on polydipsia within this clinical population.

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***Research Assistant, U.C.L.A., Neuropsychiatric Institute (NPI), Camarillo State Hospital***  
(1988-1991)

Participated in collaborative research project with Donahoe, C. and Eckman, T., in "Assessment of Interpersonal Problem Solving Skills in Schizophrenics."

***Research Assistant, U.C.L.A.-N.P.I., Camarillo State Hospital*** (1988-1989)

Participated in on-site, collaborative investigations with Liberman, R., Marshall, B., Bowen, L., Kuehnel, T., Kelsch, J., and Kurth, L., "The Effects of Haloperidol and Behavior Therapy in Treatment Refractory Schizophrenics: A Pilot Treatment Evaluation."

***Research Assistant, U.C.L.A.-N.P.I., Camarillo State Hospital*** (1988-1989)

Participated in investigations with Bowen, L., Kuehnel, T., Lutzker, J., and Wallace, C., "Assessment and Effects of Attention Deficits in Schizophrenics."

***Research Assistant, U.C.L.A.-N.P.I., Camarillo State Hospital*** (1988-1989). Participated in collaborative investigations with Bowen, L., Glynn, S., Marshall, B.D., Kurth, L. and Hayden, J., "Successful behavioral treatment of polydipsia in a schizophrenic patient."

***Research Assistant, Ventura County Children's Demonstration Project*** (1986-1988)

Participated in collaborative investigations with Essex, D., and Jordan, D., evaluating treatment efficacy, cost-effectiveness and recidivism rates of emotionally disturbed, juvenile offenders within this experimental, interagency model. First author, pilot project research, Psychology Master's Thesis, California Lutheran University.

***Mental Health Associate, Ventura County Mental Health, Children's Demonstration Project, Colson Youth Center, Ventura, California***, (1985-1988).

Participated in multidisciplinary team providing psychotherapeutic services of standardized assessments, family, group, individual and aftercare treatment to coed, incarcerated, emotionally disturbed juvenile offenders within an experimental, interagency model. Developed and implemented life skills curriculum as an educational component. Conducted program evaluative research; co-authored publication of results.

***Senior Crisis Intervention Counselor, Interface Community, Newbury Park, California*** (1984-1985). Provided on-call crisis team intervention, emergency evaluations and outreach services to high conflict youths, couples and families at home sites throughout local community.

***Employee Program Interviewer, Job Training Partnership Act (J.T.P.A.), Ventura County, California***, (1984-1985). Recruited and interviewed youths and adults, providing program eligibility skills assessments and vocational training for future community job training and placement.

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*Paraprofessional Therapist, Moffat County Youth Care Center (RCCF), Craig, Colorado, (1979-80; 1982-83).*

Participated in multidisciplinary team providing 24-hour treatment and supervision of adjudicated, emotionally disturbed, coed adolescents within a residential facility.

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❖ **SCHOLARLY PUBLICATIONS / RESEARCH**

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Kurth, L. & Haussmann, R. (July, 2011). Perinatal Pitocin as an Early ADHD Biomarker: Neurodevelopmental Risk? *Journal of Attention Disorders*, 15 (5), 423-431.

Kurth, C. L. (September-October, 2009). The relationship between ADHD and perinatal (Oxytocin) Pitocin induction: Risk for developmental adversity? *The Colorado Psychologist*, Issue 5, p. 4, (1-3). Available from <http://www.coloradopsych.org>

Kurth, C.L. (2008). *The Relationship Between ADHD and Perinatal Pitocin (Oxytocin) Induction: Risk for Developmental Adversity?* (Doctoral Dissertation). Available from UMI services, [www.proquest.com](http://www.proquest.com) (order #3310167).

Kurth, L. (1994). Return to balance: A journey to healing from endometriosis. In Ruth Carol (Ed). *Alternatives for Women With Endometriosis*. Chicago: Third Side Press.

Bowen, L., Glynn, S., Marshall, B.D., Kurth, L. and Hayden, J. (1990). Successful behavioral treatment of polydipsia in a schizophrenic patient. *Journal of Behavior Therapy and Experimental Psychiatry*, 21, (1), 53-61.

Kurth, L. (1989). Clinical outcome findings on mentally disordered juvenile offenders. *The Ventura Planning Model for Mental Health Services*, Essex, D., Jordan, D., and Feltman, R. (Eds.). Available from Ventura County Mental Health Services, Research and Evaluation, 300 Hillmont Ave., Ventura, California, 93003.

Kurth, L. (1988). *Predictors of success in the treatment of mentally disordered juvenile offenders: An interagency residential model.* (Unpublished master's thesis). Department of Psychology, California Lutheran University, Thousand Oaks, California.

Kurth, L. (1987). Stress inoculation therapy for anger control in mentally disordered juvenile offenders: A pilot project. *Unpublished manuscript*.

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Kurth, L. (1987). Essex, D., Jordan, D., and Feltman, R. (Eds.). *Two Year Report of The Ventura Model for Interagency Children's Mental Health Services, July 1, 1985-June 30, 1987*. Available from Ventura County Children's Demonstration Project, Research and Evaluation, 300 Hillmont Ave., Ventura, CA., 93003.

Kurth, L. (1987). Essex, D., Jordan, D., and Feltman, R. (Eds.). *Preliminary Findings on Mentally Disordered Juvenile Offenders: A Report and Commentary on the Ventura Model for Children's Mental Health Services*. Available from Ventura County Children's Demonstration Project, Research and Evaluation, 300 Hillmont Ave., Ventura, CA., 93003.

Kurth, L. (1987). Essex, D., Jordan, D., and Feltman, R. (Eds.). *18 Month Report on the Ventura Model for Interagency Children's Mental Health Services, July 1, 1985-December 31, 1986*. Available from Ventura County Children's Demonstration Project, Research and Evaluation, 300 Hillmont Ave., Ventura, CA., 93003.

Kurth, L. (1986). Essex, D. and Jordan, D. (Eds.). *First Annual Report of the Ventura County Children's Mental Health Services Demonstration Project, July 1, 1985-June 30, 1986*. Available from Ventura County Children's Demonstration Project, Research and Evaluation, 300 Hillmont Ave., Ventura, CA., 93003.

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❖ **RESEARCH PRESENTATIONS/POSTER SESSIONS**

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Kurth, L. & Hausmann, R. (June, 2011). *Birthing the ADHD Generation? Perinatal Pitocin as a Neurodevelopmental Risk*. Speaker symposium presented at 24<sup>th</sup> International OTIS (Organization of Teratology Information Specialists) Conference, Coronado Island, CA.

Kurth, L. & Hausmann, R. (November, 2010). *Birthing the ADHD Generation: A Fresh Etiological Perspective*. Scientific research poster presented at 22<sup>nd</sup> Annual International ChADD Conference on ADHD, Atlanta, Georgia.

Kurth, L. & Hausmann, R. (June, 2010). *The Relationship Between ADHD and Perinatal (Oxytocin) Pitocin Induction: Risk for Neurodevelopmental Adversity?* Scientific research poster presented at 7<sup>th</sup> International Hershey Conference on Developmental Brain Injury, Snowbird, Utah.

Kurth, C.L. (August, 2009). *The Relationship Between ADHD and Perinatal (Oxytocin) Pitocin Induction: Risk for Neurodevelopmental Adversity?* Scientific research poster presented at 117<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Canada.

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❖ HONORS/ AWARDS

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*First Place Award, Research Poster Contest* (August, 2009). *The Relationship Between ADHD and Perinatal (Oxytocin) Pitocin Induction: Risk for Neurodevelopmental Adversity?* American Psychological Association, Division 42. (August, 2009), Presented at 117<sup>th</sup> APA. Annual Convention, Toronto, Canada.

*Presidential Citation Award* (June, 2008) Colorado Psychological Association (CPA)

*Presidential Citation Award* (June, 2007) Colorado Psychological Association (CPA)

*Psychology Final GPA:* 4.0 Northcentral University (May, 2008)

*Psychology GPA:* 3.93 California Lutheran University (1985-1988)

*Dean's List*, University of Denver: GPA: 4.0 (1978)

*Kappa Delta Pi Certificate of Recognition, Outstanding Performance in Education*, Northwestern State University (N.S.U.), (Louisiana) 1977

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❖ PROFESSIONAL AFFILIATIONS

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- *Member*, 2010-present. American Professional Society of ADHD and Related Disorders (APSARD)
- *Member*, 2010-present, American Counseling Association
- *Member*, 2009-2010, Division 42, Psychologists in Independent Practice, APA
- *Member*, 2009-present, 1991-2000, Division 38, Health Psychology, APA
- *Member*, 2005-present, Colorado Psychological Association
- *Member*, 1986-present. American Psychological Association (APA)
- *Member*, 1991-present, Children & Adults with Attention Deficit Disorder (ChADD)
- *Member*, 1991-2004, Georgia Psychological Association

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❖ PROFESSIONAL / COMMUNITY SERVICE

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- *Chair, Program Committee*, 2006-2008, Colorado Psychological Association
  - *Professional Member*, 2004-2006, Fort Collins Chamber of Commerce
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- *Clinical Advisory Board, Professional Member*, 2002-2004, ChADD of North Fulton and Cherokee County, Roswell, GA.
- *Clinical Advisory Member, Board of Directors, 1990-1992*, Children's Advocacy, Resources and Education Foundation, Ventura, CA.
- *Clinical Advisory Member, Board of Directors, 1990-1991*, Conejo Youth Employment Services, Thousand Oaks, California.

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❖ **PROFESSIONAL TRAINING /CONTINUING EDUCATION COURSEWORK**

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*24<sup>th</sup> International OTIS Conference* (June, 2011). Coronado Island, California

*22<sup>nd</sup> Annual International ChADD Conference on ADHD* (November, 2010). Atlanta, GA.

*Social Difficulties of Learning, Attentional and Autism Spectrum Disorders.* (October, 2010)  
Cross Country Education, Kevin Blake, PhD., Presenter, Cheyenne, Wyoming.

*7<sup>th</sup> International Hershey Conference on Developmental Brain Injury* (June, 2010). Snowbird, Utah.

*Smart but Scattered: Helping Children and Adolescents with Executive Dysfunction at Home and at School* (March, 2010). PESI, Cheyenne, Wyoming. Richard Guare, PhD., Presenter.

*117<sup>th</sup> Annual Conference of the American Psychological Association (APA)* (August, 2009). Toronto, Canada.

*Strategies and Programs that Help to Improve Executive Functions in Young Children.* (August, 2009). APA Annual Convention, Toronto, Canada, Adele Diamond, PhD, Presenter.

*Working Memory Deficits in ADHD: The Functional Relationship between Central Executive Processes and Hyperactivity.* (August, 2009). APA Annual Convention, Toronto, Canada, Mark D. Rapport, PhD, Presenter.

*Working Memory and ADHD: Neuroscience, Clinical and Educational Perspectives.* (August, 2009). APA Annual Convention, Toronto, Canada, Rosemary Tannock, PhD, Presenter.

*Sensory Processing Disorder* (March, 2009). Summit Professional Education, John Taylor, PhD, Presenter, Cheyenne, Wyoming.

*Anxiety Disorders: Research, Diagnosis and Treatment* (February, 2009). Cross Country Education, Wayne Eastlack, PhD, Presenter, Cheyenne, Wyoming.

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*Psychotropic Medicine as Therapy; A Medication Primer for Non-Prescribing Mental Health Professionals* (October, 2008). Mountain Crest, Poudre Valley Health System, Staff Psychiatrists, Presenters, Fort Collins, Colorado.

*Bipolar: A New Slant on the Disorder.* (April, 2007). Cross Country Education, Jay Carter, PsyD, Presenter, Cheyenne, Wyoming.

*Childhood Developmental Disorders* (November, 2006), Summit Professional Education, Cheyenne, Wyoming.

*Child & Adolescent Bipolar Disorder and Endocrine Considerations.* (April, 2006). The Colorado Child and Adolescent Psychiatric Society, Harold and Gabrielle Carlson, MD's, Presenters.

Multiple seminars and workshops on topics including *ADHD, Childhood Disorders, Child Development and Parenting Skills Training* (2000-2006) presented by Russell Barkley, PhD, Daniel Amen, MD, Melvin Levine, MD, and T. Berry Brazelton, MD.

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❖ **COLLEGIATE TEACHING EXPERIENCE**

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**Undergraduate Fine Arts Instructor** (1984-1985). **California Lutheran University, Continuing Education: Thousand Oaks, CA.** *The Watercolor Diet; A Course in Intermediate-Advanced Techniques in Watercolor Painting,*

**Undergraduate Fine Arts Instructor** (1981-1983). **Colorado Mountain College, Steamboat Springs, Colorado.** *Watercolor as Self Expression; A Beginning Course in Watercolor Painting.*

**Undergraduate Fine Arts Instructor** (1979-82). **Colorado Mountain College, Steamboat Springs, CO.** *Advanced Watermedia Painting.*

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**PROFESSIONAL REFERENCES** *are available upon request*

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